

You Can Do It!



Info Sheet



YOU CAN DO IT!

It's true, you can do it!



THE YOU CAN DO IT VIDEO

The purpose of the video is simple: to convey that it IS possible for you to learn how to code (or learning anything for that matter)! Because coding is a relatively new subject in the world, many people do not grow up learning about it. Unfortunately this can sometimes make learning about computer programming seem intimidating and hard to learn. But don't worry, if you keep trying, YOU CAN DO IT!



(0:38) You may not remember, but it took you months and months of practice to learn how to walk!

Can you think of any other skills you have that you had to practice in order to learn how to do properly?



TAKE AWAYS:

- You can do it!
- You can try!
- You can do it!



You Can Do It!



Activities

I Can Do It!

In this activity, learners will explore the idea of learning something new and how to break it down! Remind learners that even though something may seem hard at first, if we keep trying and learn from our mistakes, we can learn new things and make our brains GROW.

I CAN DO IT!	
What is something I want to improve?	
How will I get better at it?	
Tiow will 1 get better ut it:	

Begin by asking learners, "what's something you want to get better at/learn?" Give them time to brainstorm ideas. When they've come up with their idea, instruct learners to write down and draw their answers in the table on the left. If you would like to tailor this activity specifically to be about coding, instruct learners that the 'something' they want to get better at has to be about coding.

Once learners have written and drawn down their goal, remind them of how they 'broke down' bigger tasks into smaller ones, which made it easier to do! We can do it for our own goals too. Have learners list three ways they can work towards getting better at the goal they chose. If possible, have them create their solutions in pairs or in small groups.

Mistakes Help Our Brain Grow

It's important for learners to know mistakes help our brains to grow! The table on the right gives examples of some common mistakes we might make. Have learners fill in the table with ideas about what they can learn from these mistakes. After learners have come up with answers to the provided examples, have them create their own!

MISTAKE	WHAT I CAN LEARN FROM IT
Forgetting my lunch at home	
Not doing my homework	



You Can Do It!



Song Lyrics

You can do it - I can do it!
You can try - I can try!
I will do it - you will do it!
I will try!

Just like learning how to stand, and learning how to walk
Or learning how to tie your shoes, tell the time, or talk
These are skills that you didn't understand right away
You needed practice all the time, in fact every day!
And little by little and bit by bit
You got better, ya you got it!
And maybe people helped, helped show you the way
And you made mistakes but that's OK!

Because... because...

Chorus

Now look at that mountain, can you get to the top?

I think you can, just start and don't stop.

The road may be windy, and rough, and long
That's OK, just remember this song,
There will be many challenges as you go along
And there will be many times where you get things wrong
But if you look deep inside your heart and your mind
There's a little voice that you will certainly find

And it will say... it will say...

Chorus x 4