

WHAT IS A GROWTH MINDSET?

Growth Mindset is the idea that one can develop new skills with effort, time and dedication.

Examples: Viewing mistakes as learning opportunities, motivated to learn and improve skills

REAL LIFE APPLICATION/ CONNECTION:

Empowering children with a growth mindset helps them face challenges with resilience and determination. This mindset enables them to see setbacks as learning opportunities as opposed to obstacles to their success and believe in their ability to grow through effort. By nurturing a love for learning and encouraging them to step out of their comfort zones, children are set on a path towards lifelong success and learning.

HOW DID WE PRACTICE THIS SKILL?

- Today students will continue working on their passion project which is a project of their choice. They will be able to apply the skills and strategies learned over our time together.
- Throughout the semester, we have tried to emphasize how we can do hard things and the power of the word “Yet”.

CONTINUE LEARNING:

- Discuss your child’s passion project
- Model giving yourself grace when a mistake is made and think out loud about what you learned
- [Demonstrate the power of “yet”](#)
- Let your child see you working on developing skills
- Scan the QR code to learn more

<https://bit.ly/40qUT0e>

